

WHAT OUR SERVICE PROVIDES: PSYCHOLOGISTS & SOCIAL WORKERS

- A fully qualified psychologist, clinical psychologist, or social worker.
- Service can provide ten individual and (where deemed appropriate) up to ten group sessions under the Medicare model. Counselling sessions will be up to 50 minutes.
- Psychologist can also offer non-Medicare support to students and staff as determined by negotiation with the school.
- The psychologist or social worker is encouraged to be a part of your school staff and community. They will cooperate with other school departments such as the department psychologist, chaplain, or wellbeing officer.
- Staff and parents can also access the service at no personal cost.
- Consultation and feedback to medical professionals, outside agencies (e.g., DHS) staff and/or parents inclusive where required.
- Psychologist can offer professional development to school staff in NIRODAH programs.
- Free 30 min intro session to staff or parent information night (on request).
- NIRODAH ADVANCE School Pack including all required forms and documentation.
- Replacement available on the rare occasion where a psychologist or social worker is not able to fulfil their commitment, at no extra cost. This includes all associated paperwork and notification to relevant bodies.
- Direct access to NIRODAH's General Manager who will be personally available for liaison.
- Minimal administration for school.
- Billing and communications with Medicare inclusive.

COSTING:

- Under the model, schools can pay to access psychologists on a 'per day' rate. The costing structure allows schools to claim an offset rebate at the end of the year based upon the number of clients seen.

Below are the details regarding the costing for NIRODAH's ADVANCE model.

Assumptions:

- Psychologists work for 40 weeks of the year in schools (we have allowed for 38 of which they see students through Medicare)
- Psychologists must see at least 2 Medicare-funded students per day on average (a total of 380 Medicare clients per year)
- Schools pay an upfront fee of \$12,000 per day p/a. (adjusted pro rata)
- Under the model, NIRODAH will receive the Medicare income from the psychologist's first two clients per day. After this, the processed Medicare income, (less 4% for administration fees) is returned as a rebate to the schools.
- Example 1: A NIRODAH psychologist sees 2 students per day on average. The school's yearly cost will be \$12,000 per day p/a.
- Example 2: A NIRODAH psychologist sees 3 students per day on average. The school's yearly cost will be \$8,099.17 per day p/a.
- Example 3: A NIRODAH psychologist sees 4 students per day on average. The school's yearly cost will be \$4,212.22 per day p/a.
- Example 4: A NIRODAH psychologist sees 5 students per day on average, the school's yearly cost will only be \$325.28 per day p/a.
- These figures are as accurate as possible as per July 2018 and may be subject to some minor variations.
- Once your school has agreed to the terms of the program, NIRODAH will draft a agreement to be signed by the school principal. A signed agreement will trigger the recruitment process for a psychologist to begin with your school.
- 20% discount off any other professional learning and development programs for staff or parents on request.
- Opportunity to submit for joint funding opportunities and assistance with grant applications e.g. "Bully Stoppers" grants program funding.

NIRODAH ADVANCE Counselling



"Optimism is a faith that leads to achievement. Nothing can be done without hope and confidence."

Helen Keller

212/673 La Trobe St, Docklands
T 03 9415 8724 F 03 9845 6663
E contact@nirodah.com
www.nirodah.com

NIRODAH
Experts in Violence Prevention

WHO IS NIRODAH?

Established in 2009, NIRODAH is recognised as one of Australia's most experienced and innovative companies in the violence prevention field, delivering evidence based and highly engaging respectful relationship education to students, teachers and coaches. Empathy, compassion and kindness are at the core of all our programs.

WHAT IS ADVANCE COUNSELLING?

We work specifically with schools and community support agencies to enhance the wellness of young people and their families. We place psychological services into schools and develop evidence based programs targeted at key issues at schools, organisations and communities.

Our primary goal is to provide exemplary services and training to enhance the psychological, social and emotional health of people in our community.

NIRODAH has a particular focus on the placement of psychological services into schools and the development of targeted programs that support school leaders and their staff with key issues in their school such as bullying and cyberbullying, positive student engagement, transition, and retention.



The NIRODAH ADVANCE Counselling program means clients can either qualify for services under the Federal Government (Medicare) Better Access Program or be identified by the school as requiring support services outside of the Better Access Program.

Often the issues that are impacting upon a young person will also extend to other members of their family.

Through the ADVANCE Counselling program, schools can become the community hub that contributes to the wellness of all people connected to the school.

BENEFITS:

With a referral letter and Mental Health Care Plan from a GP, psychiatrist, or paediatrician, each client will have access up to ten individual and group counselling sessions under the "Better Access" program.

NIRODAH Advance provides the following significant benefits to the school and its community:

- Safe environment for students to access psychological services.
- Less disruptions as sessions are timetabled within the school day.
- Qualified and experienced psychologists/ social workers.
- Service also available for parents and staff.
- Behavioural and emotional issues within the school are targeted with professional guidance.

Not only do we pride ourselves on building positive partnerships in order to ensure the best possible outcomes, we do so with a level of care and service that makes NIRODAH stand out as one of Victoria's leading providers of school psychology services.

NIRODAH'S PHILOSOPHY

The NIRODAH philosophy is empathy-based, drawing on research on the impacts of trauma and neglect on neurological and emotional functioning. Our fundamental focus is on developing communities that reflect an attitude of respect and compassion, and empowering people through teaching emotional intelligence.

Our emphasis is on prevention rather than intervention, because we know that happy people don't hurt people.



For further information on this and other programs plus resources for parents and children, please go to our website:

www.nirodah.com

